

# SANTA BARBARA YOUTH FOUNDATION 2008 SUMMER LEARN TO SAIL PROGRAM



*40 Years of Community Junior Sailing*

A Non-Profit Foundation ❖ Donations are Tax Deductible

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# 2008 SUMMER LEARN-TO-SAIL PROGRAM

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## BEGINNING SAILING (MORNINGS)

The Beginning Sailing Program is geared towards beginning sailors between 8 and 13 years of age. The goal for students in this class is to have **FUN** while learning the basics of sailing and water safety. Students will gain confidence and independence in one-person Optimist sailboats. This program emphasizes fun sailing, beach games and on the water drills. The curriculum will cover rigging, basic boat handling, points of sail, basic ocean and beach safety. Boats will be provided and space is limited. Sessions are available in the morning from 9:00 a.m. to 12:00 p.m. COST: \$320.00 per session. Scholarships are available.

### Two Week Sessions-Mornings

Session #1:	June 16 - June 27
Session #2:	June 30 - July 11
Session #3:	July 14 - July 25
Session #4:	July 28 - August 8
Session #5:	August 11 -August 22

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## TEEN BEGINNING SAILING (MORNINGS)

Teen Beginning Sailing (mornings) is open to children between 12 and 17 years of age. The goal for students in this class is to have FUN plus develop confidence and independence sailing primarily in two-person Club FJ's. The beginning sailing curriculum will address rigging, basic boat handling, wind direction, water safety, and developing confidence in handling a dinghy on all points of sail. Boats are provided but space is limited. Sessions are available in the morning from 9:00 a.m. to 12:00 p.m. Cost: \$320 per session. Scholarships are available.

### Two Week Sessions-Mornings

Session #1:	June 16 - June 27
Session #2:	June 30 - July 11
Session #3:	July 14 - July 25
Session #4:	July 28 - August 8
Session #5:	August 11 -August 22

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## SABOT RACING (AFTERNOONS)

This class will be taught by SBYF head coach and is the only class that meets at the Santa Barbara Launch Ramp next to the Sea Shell Condos. This two-week session will be held only once, July 28 - August 8 (Session #4). This is a "bring your own boat" session designed for sailors who wish to participate in Sabot Nationals hosted this year by Santa Barbara Yacht Club & SB Seashell Association, August 9-10. Parents are encouraged to help their young sailors rig and de-rig their boats daily for the class. The goals of the class are to have FUN sailing, improve Sabot handling skills, practice good sportsmanship, learn basic racing rules of sailing, and develop confidence on the racecourse. The skills taught are basic right of way rules, boat tuning, sail trim, and race tactics. Class assignments may be adjusted according to the sailor's ability level. Space is limited. One session is available Monday through Friday from 1:00 pm (boats rigged) to 4:30 pm (parent pickup time). A coach will be on site at 12:30 pm daily. Cost: \$320.00 per session.

### Two Week Session

Session #4:	July 28 - August 8
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INTERMEDIATE OPTIMIST SAILING (AFTERNOONS)

This class is for Optimist sailors who would like to improve their boathandling and knowledge of sailing through competition and to introduce concepts that progress from independent boating skills and basic right of way rules to boat tuning, sail trim, race strategy, tactics, and team racing. Goals for this class include having FUN sailing, while improving the sailor's basic boat handling skills, developing an understanding of good sportsmanship, learning the basic racing rules of sailing, and developing confidence on the race course. Boats are provided but space is limited. Sessions are available Monday through Friday from 1:00pm to 4:30pm. Cost: \$320.00. Scholarships are available.

Two Week Sessions

- Session #1: June 16 - June 27
- Session #2: June 30 - July 11
- Session #3: July 14 - July 25
- Session #4: July 28 - August 8
- Session #5: August 11 - August 22

INTERMEDIATE SAILING--"LEARN TO RACE" (AFTERNOONS)

This course is designed for sailors who have had previous Youth Foundation sailing experience, have at least a sixth grade diploma, enjoy year round sailing, wish to sail in junior or senior high school, or just want to broaden their sailing horizons. Curriculum will include sailing predominantly in CFJ's but also in Lasers, C420's, and other performance dinghies. The goal of this class is to have FUN sailing, while improving the student's boat handling skills, becoming familiar with the techniques of sailing high performance dinghies, learning the basic racing rules of sailing, and developing self confidence on the water. This class is a pre-requisite for the Middle/High School Fall Sailing Programs. Boats are provided but space is limited. Students will be assigned to a type of boat based on their size, weight and boat availability. Sessions are available in two week lengths, Monday through Friday 1:00pm to 4:30pm. Cost: \$320.00 per session.

Two Week Sessions

- Session #1: June 16 - June 27
- Session #2: June 30 - July 11
- Session #3: July 14 - July 25
- Session #4: July 28 - August 8
- Session #5: August 11 - August 22

JR. RACING TEAM

This ten-week course is designed specifically for advanced sailors who wish to develop their skills in preparation for this summer's major events such as the Jr. Olympics to be held July 10-13 in Marina del Rey, the C420 Nationals to be held July 18-20 in Palo Alto, FJ Nationals to be held July 27 - 29 in Santa Barbara, 29er Nationals to be held July 25-27 at the Gorge, the Laser North Americans to be held in San Francisco at the same time; and, the Laser PCC's (Monterey) and Nationals (Long Beach). The cost for any two-week session is \$320.00. The cost for the entire ten weeks is \$900.00. Scholarships are available. **Requires approval of Jr. Sailing Team head coach.**

Ten Week Course (Five two-week Sessions)-Afternoons 1:00-4:30

Jr. Racing Team: June 16 - August 22

**THE JUNIOR AWARDS DINNER**  
 FOR ALL SUMMER PROGRAM PARTICIPANTS  
 WILL BE HELD ON  
**Thursday, AUGUST 21<sup>st</sup> AT SBYC**

*Save the Date!*

